



March 1, 2009

## Mom's Choice Awards® Category Guide For Books

We hope you'll find this category guide helpful for selecting categories to best showcase your book(s). The examples given are not all-inclusive, so please don't feel limited by them.

Please note, book categories may contain works of fiction and non-fiction.

Our Submissions Review Committee reviews every entry to be sure it is entered in an appropriate category. If, after review, the Committee feels your book would be better showcased in another category, you will be contacted.

If after reviewing the guide you still need help, don't hesitate to contact us!  
Phone 757.410.9409 X712 or email [help@momschoiceawards.com](mailto:help@momschoiceawards.com)

### KEY

ALL = All Book Categories

ADULT = AD

YA = Young Adult

JV2 = Juvenile Level 2 (Ages 9 to 12)

JV1 = Juvenile Level 1 (Ages 5 to 8)

CPB = Children's Picture Books (Birth to Age 9)

### Activities, Crafts & Hobbies ALL

Activity Books	Collectibles	Games & Amusements
Puzzle Books	Needle Crafts	Paint & Dye
Paper Crafts / Paper Airplanes	Party & Event Planning	Pottery & Model Making
Magic	Toys, Dolls & Puppets	Travel Games

### Adoption ADULT

Domestic / International	Open Adoption	Resources
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*For Children's Picture Books - see Family Life*

### Adventure, Adventurers & Heroes CPB

Action Adventure	Animal Adventure	Explorers
Pirate Stories	Super Heroes & Heroines	Wild West
Space Adventure	Science Fiction	

### Aging & Elder Care AD

Aging Parents	Caregiver Guides	Dementia / Memory Loss
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### Animal & Pet Care AD

Communication	General Care	Healing
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*For Children's Picture Books - see Growing Up / Personal Growth*

### Animal Kingdom *(See also Domestic Animals & Pets)* CPB

Animal Habitats	Amphibians & Reptiles	Birds, Fish & Marine Life
Circus Animals	Dinosaurs & Prehistoric Animals	Exotic Animals
Mammals	Zoo Animals	Insects
Extinct & Endangered Animals <i>(See also Green Earth category)</i>		

<b>Anthologies, Essays &amp; Collections</b>			AD, YA, JV2, JV1
A collection of stories, poems, essays, and/or selections from larger works (and so forth), usually carrying a unifying theme or concept. These selections may be written by different authors or by a single author.			
<b>Arts &amp; Photography</b>			AD
Architecture How To	Design Performing Arts	Music & Fine Arts Photography	
<b>Audio Books</b>			ALL
Books on CD, MP3 or Cassette			
<b>Basic Concepts</b> <i>(See also Specialized Concepts / Differently Abeled)</i>			CPB
Alphabet & Letters Occupations	Colors & Shapes Identifying Animals	Counting & Numbers Simple Words	
<b>Bedtime Stories</b>			CPB
<b>Bilingual</b>			CPB
Must include an English translation.			
<b>Biographies &amp; Memoirs</b>			AD
Biographies	Autobiographies	Memoirs	
<b>Body, Mind &amp; Spirit</b>			ALL
Holistic Concepts	Yoga & Pilates		
<b>Business / Entrepreneurial</b>			AD
Business Life	Management & Leadership	Marketing & Sales	
<b>Civics &amp; History (Politics, Government &amp; Law)</b>			CPB
Ancient History US History / World History	Exploration & Discovery Politics & Government	Military History Law	
<b>College Guides</b>			YA
<i>For Adults--see Resources</i>			
<b>Comic Books &amp; Graphic Novels</b>			YA, JV2, JV1
<i>For Adults--see Graphic Novels</i>			
<b>Computers &amp; Internet</b>			AD
How To	Internet Safety	Gaming Guides	
<b>Cooking &amp; Food</b>			YA, JV2, JV1, CPB
Cook Books <i>For Adults--see below</i>	Fruits & Vegetables Stories Where Food Is Emphasized	Food & Drink	
<b>Cooking, Food &amp; Wine</b>			AD
Cook Books	Food & Drink	Wine Guides	
<b>Crossing Generations</b>			CPB
Appeals to multiple generations – from children to grandparents.			
<b>Developing Social Skills</b>			CPB
Manners Keeping Safe / Stranger Danger Prejudice	Etiquette Friendships & Relationships Diversity & Tolerance	Behaviors Getting Along Emotions & Feelings	

<b>Distinctive Illustration</b>			CPB
Primarily judged on illustrations.			
<b>Domestic Animals &amp; Pets</b> <i>(See also Animal Kingdom)</i>			CPB
Pets, Pet Care & Pet Responsibility	Farm Animals	Horses	
<i>For Adults -- see Animal &amp; Pet Care</i>			
<i>For Juvenile &amp; Young Adult -- see Non-Fiction</i>			
<b>eBooks</b>			ALL
A digital book version that can be read using a computer or eBook reader.			
<b>Family Life For Children Thru Young Adult</b>			CPB
Adoption	Brothers & Sisters	Stepfamilies	
Extended Family	Parents	Marriage & Divorce	
New Baby	Relationships w/ Parents & Grandparents		
<b>Fantasy, Myths &amp; Legends</b>			YA, JV2, JV1, CPB
Fairy Tales & Folklore	Legends, Myths & Fables	Fantasy & Science Fiction	
<i>For Adults--see below</i>			
<b>Fantasy &amp; Science Fiction</b>			AD
<b>Fertility</b>			AD
Fertility & Conception	IVF	Personal Memoirs	
<b>Fiction &amp; Literature (Also Fiction-General)</b>			AD, YA, JV2, JV1
Mysteries & Thrillers	Chick Lit & Romance	Classic Literature	
<b>Green Earth</b>			CPB
Books that teach conservation and/or preservation, give to a conservation/preservation charity or are made with recycled or "earth-friendly" materials.			
<b>Grandparenting</b> <i>(See also Senior's Issues)</i>			AD
Grandparents Raising Children	Roles & Responsibilities	Making Memories	
Joys & Challenges of Grandparenting	Understanding Generations	Cyber Grandparenting	
<b>Graphic Novels</b>			AD
<i>For Juvenile &amp; Young Adult--see Comic Books &amp; Graphic Novels</i>			
<b>Growing Up / Personal Growth</b>			CPB
Bedtime, Dreams & Sleep	Chores	Healthy Habits	
Nightmares, Ghosts & Monsters	Self-Improvement	Toilet Training	
Death & Loss	Managing Homework		
New Experiences: Starting School, Moving, Going to the Doctor / Dentist / Hospital			
<b>Health &amp; Safety</b>			CPB
Aging & The Elderly	Diseases & Ailments	Safety - General	
Growing & Changing Bodies	Explaining Terminal Illness	Sex Education	
<i>For Juvenile &amp; Young Adult--See Body, Mind &amp; Spirit or Non-Fiction or Self-Improvement</i>			
<i>For Adult--see below and also Parenting-Health, Nutrition, Fitness &amp; Safety</i>			
<b>Health, Nutrition, Fitness &amp; Safety</b>			AD
Diet & Nutrition	Fitness & Exercise	Medicine	
<i>See also Parenting-Health, Nutrition, Fitness &amp; Safety</i>			
<i>For Juvenile &amp; Young Adult--See Body, Mind &amp; Spirit or Non-Fiction or Self-Improvement</i>			
<i>For Children's Picture Books--See Health &amp; Safety also Looking &amp; Feeling Great</i>			

<b>Historical Fiction</b>			ALL
Stories about famous persons from the past (i.e. presidents, explorers, musicians, military leaders, Native Americans, pioneers, scientists, sports figures, adventurers, etc), or stories set in a historical period.			
<b>Home &amp; Garden</b>			AD
Making Your House A Home	Gardening & Landscaping	Interior Decorating	
<b>Humor</b>			ALL
Anecdotes <i>See also Parenting-Humor</i>	Jokes & Riddles	Humorous Stories	
<b>Imagine It!</b>			CPB
Books that encourage children to use their imagination.			
<b>Inspirational / Motivational</b>			ALL
Overcoming Obstacles Perseverance	Building Confidence	Promoting Self-Esteem	
<b>Interactive Online Books (IOBs)</b>			ALL
<b>Life Challenges</b>			AD
Divorce & Remarriage Abuse & Addiction	Managing Money Miscarriage	Workaholics Loss/Grief	
<b>Life Transitions</b>			AD
Becoming A Parent Becoming A Stay-At-Home Parent	Empty Nesters Becoming A Caregiver	Making A Career Change	
<b>Looking &amp; Feeling Great (Healthy Body)</b>			CPB
Fitness & Exercise Clothes & Fashion	Diet & Nutrition	Hygiene & Beauty	
<b>Men's Issues</b>			AD
<b>Multimedia Experiences</b>			ALL
Books with DVD/CD or Sound			
<b>Music &amp; Performing Arts</b>			CPB
Art History & Movements Art Techniques & Activities <i>For Juvenile &amp; Young Adult -- see Non-Fiction</i> <i>For Adults -- see Arts &amp; Photography</i>	Drama, Plays, Theater & Film Painting & Photography	Dance & Music Architecture & Buildings	
<b>Nature &amp; Weather</b> ( <i>See also Animal Kingdom and Green Earth</i> )			CPB
Agriculture, Farming & Ranching Forests & Trees Climate & Weather	Earthquakes & Volcanoes Nature Experiments Natural History	Flowers & Plants Rocks, Minerals & Metals Ecosystems	
<b>New Age &amp; Indigo Topics</b> ( <i>See also Parenting-New Age &amp; Indigo Topics</i> )			ALL
New Thought Divination	Mental & Spiritual Healing Mysticism	Intuitive Topics Energy	
<b>Non-Fiction General</b>			AD, YA, JV2, JV1
<b>Novelty Books</b>			CPB
Board Books Books With Special Features (i.e. pop-ups, cut-outs, etc.)	Bathtub Books		

<b>Outdoors &amp; Nature</b>			AD
Bird Watching	Hiking & Camping	Hunting & Fishing	
<b>Parenting - Contemporary Families</b>			AD
Single Parenting Adoption	Blended Families Foster Parenting	Step Families Deployed Parents	
<b>Parenting - General</b>			AD
Child Rearing & Development Discipline	The School Years Infants/Toddlers	Sleep Teens/Tweens	
<b>Parenting - Health, Nutrition, Fitness &amp; Safety</b>			AD
Managing Nutrition Vaccinations	Diseases & Ailments Sex Education	Stranger Danger Home Safety	
<b>Parenting - Humor</b>			AD
<b>Parenting - New Age &amp; Indigo Topics</b>			AD
Intuitive Parenting	Metaphysically Gifted Children	New Thought	
<b>Parenting - Special &amp; Exceptional Needs</b>			AD
Raising Gifted Children Developmental Disabilities	Raising Twins & Multiples Children w/ Chronic Illness	ADD/ADHD Autism	
<b>Peoples, Places &amp; Cultures (Social Studies)</b>			CPB
American & World Cultures Customs, Traditions, Anthropology	Lifestyles Around the World Ethnic Studies	World Peace War/Terrorism	
<b>Philanthropic</b>			ALL
Books that contribute to a charitable cause or contain philanthropic message.			
<b>Poetry</b>			ALL
<b>Pregnancy &amp; Childbirth</b>			AD
Baby Names Expectations & Planning	Postpartum/Postnatal Pregnancy Journals	Fitness & Nutrition	
<b>Reference &amp; Study Aids</b>			YA, JV2, JV1, CPB
Foreign Language Study Curiosities & Wonders	Handwriting Dictionaries & Encyclopedias	Maps & Atlases Study Aids	
<i>For Adults -- see Resources or Non-Fiction</i>			
<b>Relationships &amp; Marriage</b>			AD
Marriage Fundamentals Parents & Aging Parents	Making Memories & Intimacy Dating & Premarital	In-laws & Extended Family Brother & Sisters	
<b>Religion &amp; Spirituality</b> <i>(See also New Age &amp; Indigo Topics)</i>			ALL
Bibles & Other Sacred Texts Stories of Faith <i>(Fiction &amp; Non-Fiction)</i> Devotionals & Meditations	Christianity Judaism Alternative Religions	Eastern Religions Prayer & Prayer Books Islam	
<b>Resources</b>			AD
Financial Planning	Work-From-Home Guides	Family Law	

<b>Science &amp; Technology</b>			CPB
How Things Work	Anatomy & Physiology	Biology & Marine Biology	
Astronauts & Space Flight	Earth Science	Computers & The Internet	
Experiments & Projects	Inventions & Inventors	Math & Measurement	
<i>For Juvenile &amp; Young Adult -- see Reference &amp; Study Aids or Non-Fiction</i>			
<i>For Adults -- see Computers &amp; Internet, Business / Entrepreneurial or Non-Fiction</i>			
<b>Seasonal, Holidays &amp; Festivals</b>			CPB
Christian Holidays	Christmas & Easter	Islamic/Muslim Holidays	
Halloween & Valentines	Jewish Holidays	Kwanzaa Holidays	
<b>Self Improvement</b>			AD, YA, JV2, JV1
<i>For Children's Picture Books, see Growing Up / Personal Development</i>			
<b>Specialized Concepts / Differently Aabled (See also Basic Concepts)</b>			CPB
Sign Language	Developing Language/Literacy		
<b>Senior's Issues</b>			AD
<b>Series</b>			ALL
Three or more books built around the same characters or theme.			
<b>Sports &amp; Recreation</b>			CPB
Baseball & Basketball	Football & Soccer	Boxing & Wrestling	
Cycling	Golf & Tennis	Gymnastics & Martial Arts	
Winter Sports / Summer Sports	Motor Sports	Olympics	
Skateboards, In-line & Roller Skates	Outdoor Activities	Track & Field	
<b>Trains, Plains, Automobiles and More</b>			CPB
Airplanes, Helicopters & Aircraft	Boats & Ships	Cars & Trucks	
Motorcycles	Space Vehicles	Trains & Railroads	
<b>Travel</b>			AD
<b>Values &amp; Life Lessons (See also Growing Up / Personal Growth)</b>			CPB
Ethics & Morality	Life Lessons	Character Development	
<b>Women's Issues</b>			AD